



Rita Schiano Introduction

Ask Rita Schiano what she does, and she'll answer, "It depends on the day of the week."

On Monday through Friday, you may find her presenting resilience-based programs on managing stress or leadership development.

Or you may find her giving a Keynote Address at a conference.

Or she might be presenting a book discussion on one of her novels.

And if she's not doing any of that, most likely she is online with students from Bay Path University and The American Women's College Campus where she has served as an adjunct professor since 2006.

Yes, for this resilience strategist, inspirational speaker, author, and professor, it truly does depend on the day of the week.

Please help me welcome Rita Schiano . . .

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